

For A Beautiful Smile

For Children And Teenagers

DENTS DROITES

The logo for DENTS DROITES features a stylized, light blue graphic of a heart or a smile, composed of two overlapping, curved lines that form a shape reminiscent of a dental arch or a pair of lips.

How can straight teeth and a better bite improve your life?

1- A beautiful smile can make you more attractive

“What is beauty anyway?”. In a recent paper the average man, when faced with this question, responded that a beautiful woman boils down to two criteria: She must be 1. Happy. and 2. Healthy.

Healthy, it would seem, is exhibited by nature through function (teeth that bite well) and symmetry.

Multiple studies done by researchers independent of one another show that an overwhelming amount of what is considered beautiful also correlates to how symmetric the face and body are.

Studies have shown that a white, aligned smile signals that someone is healthy, smart, and financially secure.

2- A great smile can help you make friends and influence people

More than 92% of adults agree that an attractive smile is an important social asset. There is strong evidence that attractive smiles enhance peoples’ self-esteem, their business opportunities, and their social interactions.

A strong smile has power. It increases the production of serotonin, which has been scientifically proven to elevate the mood of both the person giving the smile and the person receiving it. A full, genuine smile automatically exudes confidence. It’s a widely held belief that people with great smiles are more self-assured. According to the Smarter Smile Survey (conducted by Harris Interactive for Align Technology, October 2000), 64 percent agree that people with nice smiles are more outgoing. Eighty-seven percent think that your smile is very important to your self-esteem. You can’t ignore the general consensus. Every element of the smile is connected to confidence. According to a study sponsored by Orbit chewing gum, **71 percent believe people with nice smiles make friends far more easily than those with crooked teeth.**

The smile has a profound effect not only on our perception of someone’s attractiveness, but on what we think about that person as well. A great smile is associated with good health and is sometimes even a barometer of wealth. Someone with noticeably flawed teeth is usually presumed to be suffering financially.

Facial expressions are critically important in all ways of how we communicate. What you put out is what you get back. If you’re uncomfortable with your smile, it will affect everything in your life. People won’t respond to you as much as you’d like them to.

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3- Straight teeth can improve your health and help you keep your teeth longer.

The Order of dentists of Quebec states that crooked teeth or misaligned jaws can lead to functional problems. Overlapping teeth are difficult to clean. Such problems may lead to tooth decay and gum disease, or, in extreme cases, to tooth loss. Misaligned teeth and jaws that do not fit together properly may result in inefficient chewing, excessive wear of tooth surfaces, and pain in the jaw, head, neck or face.

4- A nice smile can improve your financial success!

Studies have shown that occupations that are considered prestigious and/or those in which the occupant is highly visible to the public require good dental esthetics in the person who seeks to enter them.

It has been shown that dental appearance that deviates from acceptable norms might indeed reduce one’s life chances. For occupations where dental appearance is very important - those that are prestigious and those in which

the occupant is visible to the public - an individual’s dentofacial disorders may well come between his career aspirations and his career opportunities



Making Orthodontics FUN

We have passionately sought after ways to make the whole ordeal a little easier and this is why we use: **Gentle forces:** we use the differential straight arch technique. This system requires much less force than conventional straight wire orthodontics (four to 6 ounces compared to 30 to 40 ounces) which translates into less sensitivity.

Appointments every six to eight weeks: the use of sophisticated Tip Edge Plus brackets allows us to schedule appointments every six to eight weeks rather than the conventional four-week interval.

No HEADGEAR: New technological advancements in the field of orthodontics such as space-age thermo-elastic wires, computer scanning and imaging for tooth positioning, robotic wire bending, (i-braces), multifunction brackets (Tip Edge +) and TADs (temporary anchorage devices) have made orthodontics easier and more predictable. we will never ask our patients to wear a headgear.

Desired results can often be achieved within 12 to 24 months and all this with less schedule-altering check-ups.

In addition, there is often more than one way to treat a given problem and it is therefore it is not uncommon that we offer you more than one treatment plan.

When to consult/treat?

The American Association of orthodontists recommends that all children get an orthodontic checkup no later than age seven. Although only a few orthodontic problems need correcting at that age, an early exam allows the dentist to offer advice and guidance as to when the appropriate age to start treatment.

Our goal is to time the beginning of treatment when:

1- it will render the best results (facial aesthetics, less relapse potential).

2- treatment time will be shortened (adult teeth have erupted).

3- growth is occurring rapidly (for correction of skeletal problems) making the body more adaptive

4- it will promote an improved long-term respiratory function (airway).

Sometimes, it may be beneficial to correct certain problems early: Interceptive treatment often translates into a shortened, facilitated and more cost effective orthodontic treatment later.

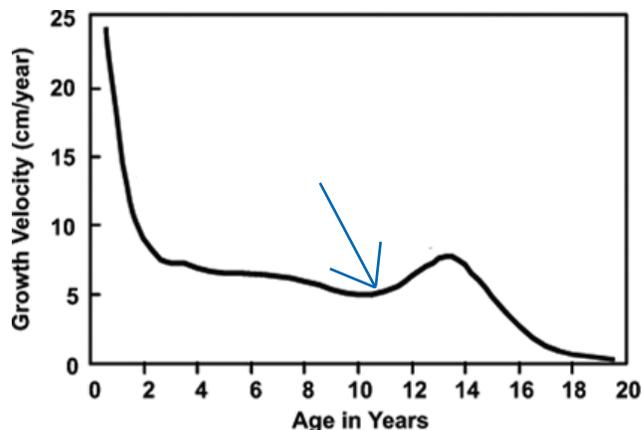
For children with skeletal problems (ex.: overbite) it is often best to start near or at the pubertal age.

(approximate ages: 10 to 12 for girls and 12 to 14 for boys). This is when the body grows the fastest and changes will be seen more rapidly.

However, we'll also take into account that the treatment can not be finished until all the adult teeth have erupted so we are likely to postpone things until all the baby teeth have fallen out (unless the problem is

severe). However, in some cases it can be detrimental to wait too long.

Failure to treat before the end of growth can mean the need for camouflage treatment (extraction of certain teeth) or Maxilo-facial surgery for the correction of severe skeletal problems.



Our consultation is FREE, so it is better to consult too early rather than too late.

Types of appliances

With today's orthodontic appliances you don't have to have a mouth full of metal to treat your malocclusion.

Carriere Motion



Appliance to correct discrepancies between the upper and lower jaw.

Mini brackets



Most widely used in our practices

White brackets



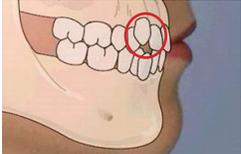
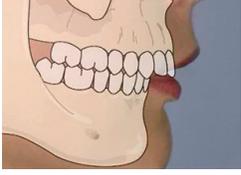
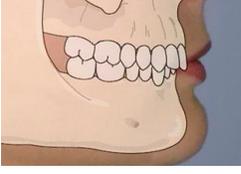
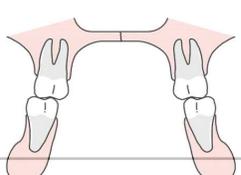
Blends in with the color of your teeth

Clear aligners



Can treat alignment problems

Types of problems

			BEFORE	AFTER
Premature loss and midline shift		This is when the center of the teeth do not correspond to the center of the face. It's often caused by the premature loss of a baby tooth.		
Ectopic tooth		A tooth that grows out of position is called an ectopic tooth. Upper cuspids are often the culprits.		
Crowding		Not enough room for all the teeth on the arch will result in crowding or flaring. In severe cases teeth may have to be extracted to create enough space.		
Spacing		Too much space creates unsightly gaps between the teeth. Braces will bring the teeth back together and eliminate the spacing.		
Overbite		An overbite is often caused by an underdeveloped lower jaw. This type of problem is ideally treated during early adolescence.		
Underbite		Most often caused by an overdeveloped lower jaw. This type of problem is often hereditary and may require surgery for its correction.		
Open-Bite		An open bite is when the front teeth do not touch when closing your teeth together. Surgery or extractions are often needed to correct the problem.		
Deep-Bite		It's as if there was an over-closure of your teeth. In extreme cases the lower incisors may bite onto the gum of the palate.		
Cross-bite		When the palate is too narrow, the upper teeth will not occlude properly with the lower teeth. Expansion is required and is best done at an early age.		

All cases shown here were treated by Dr Lyons

Teeth whitening

In-office bleaching (also called chairside or one hour bleaching) requires one or more visits to your dentist. We will apply a bleaching agent to your teeth, and uses a special light to quicken the work of the agent. Your gums will be protected from the bleach by either a gel or a rubber shield. Each visit can last anywhere from half an hour to an hour.



Whitened Upper Arch only

At-home bleaching comes in a gel form along with a mouthguard. Place the gel into the mouthguard and use as directed. The duration and frequency of treatment may vary.

Teeth whitening is a safe and popular form of cosmetic dentistry. According to the American Dental Association, 96% of users report a whiter smile.

Note: We offer 50% off the cost of whitening for all our orthodontic patients.

Treatment for Adults

If you do not like the appearance of your teeth, tell yourself it's never too late.

In fact, the proportion of adult patients who opt for orthodontic treatment has been steadily increasing over the last 20 years.

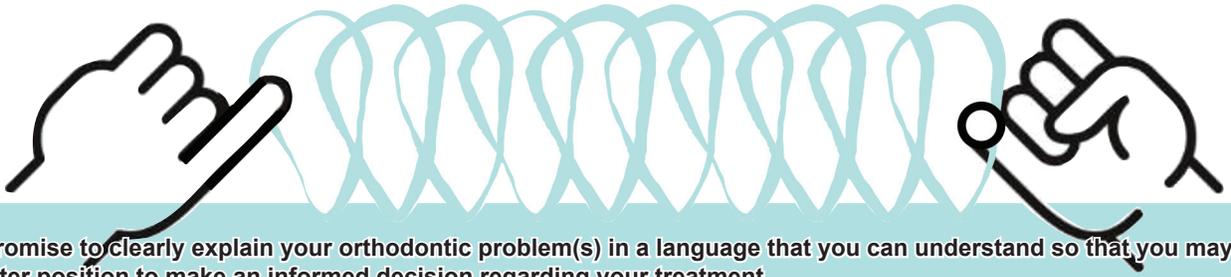
We are aware that some of you will be reluctant to wear braces. You will be happy to learn that nowadays it is possible to treat the majority of cases using clear aligners.

If it is the duration of treatment that concerns you, we also offer a compromise to align the teeth in as little as 6 months.

During the orthodontic consultation, you will be shown the different components of your malocclusion and we will discuss various possible solutions from the ideal to the compromise treatment while explaining the advantages and disadvantages of each plan. You will therefore be able to make an informed choice according to your wishes.



Our Promises



- 1- We promise to clearly explain your orthodontic problem(s) in a language that you can understand so that you may be in a better position to make an informed decision regarding your treatment.
- 2- We promise to offer the highest quality of care in a pleasing environment with a motivated and competent team of professionals who's number one goal is to serve you.
- 3- Esthetics can be subjective and therefore we promise not to finish your treatment until you are entirely satisfied with the results.
- 4- Following orthodontic treatment we promise to correct any minor tooth movement that could happen (relapse) within the first three years following the completion of your orthodontic treatment provided that the retainers have been worn as recommended.

Our Team of General Practitioners



Dr John Lyons
Châteauguay



Dr Jean-Michel Davignon
Town of Mont-Royal



Dr Marc Charest
Town of Mont-Royal



Dr David Lelièvre
LaSalle
and P.A.T.



Dr Patrick Lyons
Châteauguay



Dr Hicham Hguig
Hochelaga

Why Not

YOU

All of these cases were treated at Dents Droites



DENTS DROITES

