

Instructions Following the Insertion of Orthopedic Appliances

Here are a few tips in order to benefit most from this appliance:

- 1- An orthopedic appliance serves to guide growth and must be worn as prescribed by the doctor.
- 2- If the appliance hurts you or breaks, call us to book an appointment.
- 3- If your appliance has an activation screw, turn it in accordance with the dentist's instructions in the direction of the arrow.
- 4- Reading aloud for 10 to 15 minutes a day will help you correct any pronunciation problems.

HOME CARE

Brush the appliance and your teeth thoroughly each morning and evening and after each meal.